Sacred Heart Roman Catholic Parish
Our Mission
We are a welcoming community gathered as disciples of Jesus Christ to worship God, serve others and to grow as loving members of God's family.

29TH SUNDAY IN ORDINARY TIME
October 18 2026

Pastor: **Father Roland: 207-479-6982**
rberngeh85@gmail.com

Parish Assistant: Eileen Bernard
(902) 853-2344
sacredheartparish@eastlink.ca
Parish office hours: Wednesday and Thursday 9:00 – 3:00

Property and Finance Chair: Jerry Gavin

Cemetery Revival Team:
Wanda Saunders
Arlene Morrison
Bernice Gallant

MASS SCHEDULE & INTENTIONS

Wednesday, October 21 9:30 am
Adoration – 8:30 am
Rosary – 9:00 am
+Shawna Inman by Debbie Inman

Friday, October 23 9:30am
Adoration – 8:30 am
Rosary – 9:00 am
+DFM of the Avery family by Phyllis Matthews

Saturday, October 24- 7:00 pm
Rosary – 6:25 pm
+Claude, Emma, Raymond, Joe, and Wayne O'Meara by the O'Meara family

Sunday, October 25- 11:00 am
Rosary – 10:25 am
+Stephanie Gaudet by Frances Tremblay
For the People

SACRAMENT OF RECONCILATION
Confessions are available before Masses on Saturdays at 6:15 to 6:45 pm and Sundays from 10:25 am to 10:50 am.

BULLETIN ANNOUNCEMENTS will be accepted until 12:00pm on Tuesday. Please call the parish office at 902-853-2344 or email bulletin notices to sacredheartparish@eastlink.ca.

PRAYERS FOR THOSE WHO ARE ILL
Please remember in your prayers the following: Quentin Fraser, George Luttrell, Kerry Fraser, Anne Skerry, Bonnie MacNeill, Jeanie Collicutt, Floyd McCue, Deanna McCue, JoAnne MacIsaac, Shirley Gavin, Anne Marie Corcoran, Pearl Bulger, Allen Adams, Linda Campbell, Evelyn MacNevin, Evan Crocker, Wilma Campbell, Francis Smith, Peter Bulger, Lennie O'Meara, Nathan Perry, Maria Gaudet, Linda Gavin, Rennie Richard, Grant Butler Jr., Jason Jones, Carla Fraser, Merlin O'Halloran.

Please submit names to be added to this list to Fr. Roland by Tuesday each week to ensure they make the bulletin.

PARISH FUNDRAISER – Dinner Theatre ***"Ain't Life Grand"*** October 23rd, 25th & 30th, 2026
Three course meal. Gluten & Dairy free options available. $60.00 per person.
Seating starts at 6:30 pm
All proceeds go to Sacred Heart Parish. Come on out and enjoy a delicious meal, listen to some awesome music and have some good laughs. Tickets for all three shows are all sold out!

CATECHISM REGISTRATION – GRADES 1 - 8
Registration is now open for Catechism classes! Give your child the gift of growing in faith, learning about Jesus, and building a strong foundation in our Catholic faith. Please register by September 20th by calling the parish office at **902-853-2344**. If there is no answer please leave a message and we will get back to you, or by emailing us at **sacredheartparisheastlink.ca.**

Talk to God about what worries you, then leave it in His hands and trust Him with what happens next. Prayer isn't only about asking God to change a situation. It's also about trusting Him with the outcome. Tell Him what hurts, what scares you, and what you hope for. Then stop carrying the same worry over and over. You prayed about it. Now give God room to work.

There's a different kind of peace you feel inside a church. You walk in carrying so much, and somehow, you walk out feeling lighter. Your heart slows down. Your mind becomes quiet. Your soul finally gets to rest.

OCTOBER 11, 2026 COLLECTION SUMMARY:

SACRED HEART:	
SUNDAY OFFERING	$ 1970.00
BUILDING	$ 40.00
CATECHISM BOOKS	$ 75.00
EVANGELIZATION OF NATION	$ 15.00
NEEDS OF THE CHURCH	$ 75.00
DIRECT DEPOSIT	$ 500.00

THANK YOU: Your continued generous support is appreciated. Donations can be made by dropping your collection envelope at Mass or in the mail slot at the parish office or by e-transfer to sacredheartparish@eastlink.ca or by direct deposit. If you change your direct deposit amount, please inform the office of the change. Forms are available at the parish office.

CEMETERY CLEANUP
Please ensure your family tombstones are cleaned up by October 20th. All items including floral arrangements remaining in the cemetery after this date will be removed and discarded. Any items you remove from the graves should be disposed of at home. Please do not leave items on the edge of the cemetery or throw them in the woods.

SUE'S SOCIAL AND BINGO FOR ALL SENIORS
All seniors are welcome to join us at Sacred Heart Parish for a free luncheon and bingo, on **Wednesday, October 21st from 11:00am – 2:00pm.** This is a free event so come out for some laughs, good company and a chance to visit with friends. **Volunteers to help with this program. If you are interested, please call the parish office.**

CATECHISM CLASSES BEGIN
We welcome all students and families to our catechism classes beginning on Sunday, October 18th at the Sacred Heart Church basement beginning at 9:45 am to 10:45 am. This time will be for the month of October and subject to change in November. If you have not already registered your child, please come to the classes on Sunday. May God bless our children and their teachers.

ISLAND PREGNANCY CENTER, SUMMERSIDE
We are still accepting items to help mothers with diapers, clothes, etc. for their babies. Clothing items can be used or new. There are collection boxes at the front entry and door on the parish house side. **PASTOR'S CORNER**

How to Adore

Dear Eucharistic people. Peace be with you! I observe how some of us are struggling with distractions before Jesus in our tabernacles and altars. St. Manual throws light on our struggles before the Eucharistic Jesus. St. Manuel insists upon the fact that the Real Presence of Christ in the Eucharist is not a static presence. Such a presence demands from us a special effort to be attentive: Jesus in our tabernacle is not simply present in the way that a statue would be present, but rather he is present as a real and living Person. Therefore, we are called to respond to him, not just with our physical presence, as though we were a candle or a decorative piece of furniture, but rather we should strive to be present before him with our rational faculties and our entire living being. There should be both a corporeal and a spiritual presence.
If Jesus is present in the tabernacle looking at me, then when I am before him, I should be looking at the sacred Host with my physical eyes as well as with the eyes of my soul--looking into the interior of the Host. If Jesus is in the tabernacle with his ears ever ready to listen to me, then I should go to the tabernacle listen to him with all my attention, and with much interest to talk to him. If Jesus is present in the tabernacle with his hands full of gifts for the needy who come to ask for those gifts, I should go before him with my poverty fully exposed with great trust.
In order words, If Jesus is present in the tabernacle to prolong, extend and perpetuate his Incarnation and Redemption, the least I should do is to present to him my whole soul with all its powers, and my whole body with its senses, so that they may receive and be filled with the feelings, ideas, and affections of Jesus, our Incarnate Redeemer. Amen!
Father Roland Bernegh Njoyir.

A doctor and a lawyer were both in love with the same girl. The doctor gave her a red rose every day. The lawyer gave her an apple every day. Confused, the girl asked the lawyer: "I understand roses…but what does an apple have to do with love?" The lawyer smiled and said: "There's a saying – "An apple a day keeps the doctor away. I'm just playing smart."