

Sacred Heart Roman Catholic Parish
Our Mission
We are a welcoming community gathered as disciples of Jesus Christ to worship God, to serve others and to grow as loving members of God’s family.

14th SUNDAY IN ORDINARY TIME
July 5, 2026

Pastor: **Father Roland: 902-316-0110**
rberngeh85@gmail.com

Parish Assistant: Eileen Bernard
(902) 853-2344
sacredheartparish@eastlink.ca
Parish office hours: Tuesday, Wednesday and Thursday 9:00 – 3:00

Property and Finance Chair: Jerry Gavin

Cemetery Revival Team:
Wanda Saunders
Arlene Morrison
Bernice Gallant

MASS SCHEDULE & INTENTIONS
<u>Wednesday, July 8 - 9:30 am</u> Adoration – 8:30 am Rosary – 9:00 am +Jean Rafferty
<u>Friday, July 10 – 9:30 am</u> Adoration – 8:30 am Rosary - 9:00 am +Father Francis Cameron
<u>Saturday, July 11– 7:00 pm</u> Rosary – 6:25 pm +Albert, Eva and Grant Noonan
<u>Sunday, July 12 – 11:00 am</u> Rosary – 10:25 am +Stephanie Gaudet

SACRAMENT OF RECONCILIATION
Confessions are available before Masses on Saturdays at 6:15 to 6:45 pm and Sundays from 10:25 am to 10:50 am.

BULLETIN ANNOUNCEMENTS will be accepted until 12:00pm on Tuesday. Please call the parish office at 902-853-2344 or email bulletin notices to sacredheartparish@eastlink.ca.

HOLY COMMUNION FOR THE HOMEBOUND
Our parish is blessed to offer the ministry of bringing Holy Communion to those who are unable to attend Mass due to illness, age, or other circumstances. If you or a loved one would like to receive Holy Communion at home, in the hospital, or in a care facility, please contact the parish office.

CATHOLIC CHURCH FACT
The 14th Sunday in Ordinary Time often highlights the theme of mission and trust in God’s power. In this Sunday’s Gospel (Luke 10:1-12, 17-20 in Year C), Jesus sends out 72 disciples ahead of Him – showing that sharing the Gospel is not only the work of priests or apostles, but a calling for all believers.

CWL PRIZE BINGO will be held on Tuesday, July 7, 2026 at 7:00 pm.

PRAYERS FOR THOSE WHO ARE ILL
Please remember in your prayers the following: Quentin Fraser, George Luttrell, Kerry Fraser, Karla Foley, Anne Skerry, Bonnie MacNeill, Doug Mallette, Jeanie Collicutt, Floyd McCue, Deanna McCue, JoAnne MacIsaac, Shirley Gavin, Anne Marie Corcoran, Pearl Bulger, Allen Adams, Linda Campbell, Evelyn MacNevin, Evan Crocker, Marcella Bulger, Wilma Campbell, Francis Smith, Peter Bulger, Lennie O’Meara, Nathan Perry, Maria Gaudet, Linda Gavin.

Please submit names to be added to this list to Fr. Berngeh by Tuesday each week to ensure they make the bulletin.

JUNE 28, 2026 COLLECTION SUMMARY:	
SACRED HEART:	
SUNDAY OFFERING	\$ 1752.00
BUILDING	\$ 135.00
ASH WEDNESDAY	\$ 5.00
DIRECT DEPOSIT	\$ 500.00

THANK YOU: Your continued generous support is appreciated. Donations can be made by dropping your collection envelope at Mass or in the mail slot at the parish office or by e-transfer to sacredheartparish@eastlink.ca or by direct deposit. If you change your direct deposit amt please inform the office of the change. Forms are available at the parish office.

ST. MARK’S CEILIDH – Lot 7
The music for Thursday, July 9, at 7:00 pm, will be Brian and Shane Arsenault, Ricky Gallant and Robert Doucette. A free lunch will be served and the sale of 50/50. Admission – adults \$14.00, kids under 6 are free.

DIOCESE NEWS
Before I formed you in the womb I knew you, before you were born I set you apart (Jeremiah 1:5)." When families lose a baby in the womb, the cries of birth go unheard; the grasp of tiny fingers slips away. This profound loss needs articulation and space. A memorial garden is being planned on St Pius X property for those grieving the loss of a child thorough miscarriage or stillbirth. Please contact Nancy Clark (StPiusXmiscarriagememorial@gmail.com) to join together to further build community with this memorial garden.

MEETING FOR ALL READERS
There will be a meeting for all readers on Wednesday, July 8th at 6:00 pm.

A HEARTFELT THANK YOU TO OUR VOLUNTEERS
Our parish is blessed by the many volunteers who generously share their time, talents, and faith in service to our church. Whether you serve at the altar, proclaim God’s Word, distribute Holy Communion, sing in the choir, care for our church and grounds, organize events, visit the sick, count collection, or quietly work behind the scenes, your dedication helps make our parish a welcoming and faith-filled community. Your acts of service are a living witness to Christ’s love and remind us that every gift, no matter how small, makes a difference. We are deeply grateful for all that you do. Thank you!

When you feel poisoned by stress, pressure, pain or failure, the best antidote is to pray. Nothing more. Nothing less.

COLLECTION COUNTERS
Just a reminder that when counting the weekly collection, please remember to include any money from the candle and chalice tubs that have been placed in the safe. These funds should be counted and included with the weekly deposit.

PASTOR’S CORNER
Make Jesus the Object of all your Desires.

Make the Eucharistic Jesus the Object of all your desires and you will never be disappointed. Seek Him and you will find Him. Ask for the grace of His presence in the inner sanctuary of your soul, and hold conversations with Him, for He is in you, and you are in Him. He is your life and apart from Him, all that this earthly life offers you is bitter and unable to satisfy your heart. St. Augustine of Hippo says: 'Our hearts are restless until they rest in Him.' He has created you and called you to live in His Friendship and to long for Him on earth until that longing is satisfied in heaven. In the meantime, for as long as your earthly exile lasts, you have Him in the Sacrament of His love. After all He had promised 'to be with us to the end of the ages'. There you have His Heart, there you can contemplate His Face; there you can hear His voice; there you can enjoy His friendship and live in His presence. He was no more really present to His Apostles than He is to you at this moment in the Sacrament of His love. Do you believe this ? Pray for more faith and love in the Jesus of the Eucharist and your life will never be the same. Amen.

Fr. Roland Berngeh Njoyir.

THE GOSSIPER
A woman repeated a bit of gossip about a neighbor. Within a few days the whole community knew the story. The person it concerned was deeply hurt and offended. Later, the woman responsible for spreading the rumor learned that it was completely untrue. She was very sorry and went to a wise old sage to find out what she could do to repair the damage. “Go to the marketplace”, he said, “and purchase a chicken, and have it killed. Then on your way home, pluck its feathers and drop them one by one along the road”. The next day the wise man said, “Now, go and collect all those feathers you dropped yesterday and bring them to back to me”. The woman followed the same road, but the wind had blown all the feathers away. After searching for hours , she returned with only three in her hand. “You see”, said the old sage, “it’s easy to drop them, but it’s impossible to get them back. So it is with gossip. It doesn’t take much to spread a rumor, but once you do, you can never completely undo the wrong”.

