

**SACRED HEART ROMAN CATHOLIC PARISH**

Our Mission

*We are a welcoming community gather as disciples of Jesus Christ to worship God, to serve others and to grow as loving members of God's family.*

**BODY AND BLOOD OF CHRIST SUNDAY  
June 7, 2026**

Administrator: **Father Roland: 207-479-6982**  
[rberngeh85@gmail.com](mailto:rberngeh85@gmail.com)

Parish Assistant: Eileen Bernard  
(902) 853-2344

[sacredheartparish@eastlink.ca](mailto:sacredheartparish@eastlink.ca)

Parish office hours: Tuesday, Wednesday and Thursday 9:00 – 3:00

Property and Finance Chair: Jerry Gavin

Cemetery Revival Team:  
Wanda Saunders  
Arlene Morrison  
Bernice Gallant

**MASS SCHEDULE & INTENTIONS**

Wednesday, June 10 - 9:30 am

Adoration – 8:30 am

Rosary - 9:00 am

Special intention by a parishioner

Friday, June 12 – 9:30 am

Adoration – 8:30 am

Rosary - 9:00 am

No mass intention

Saturday, June 13– 7:00 pm

Adoration – 6:00 pm

Rosary – 6:25 pm

+Anka Hellmich

Sunday, June 14 – 11:00 am

Adoration – 10:00 am

Rosary – 10:25 am

+Phyllis Gallant

**SACRAMENT OF RECONCILIATION**

Confessions are available before Masses on Saturdays at 6:15 to 6:45 pm and Sundays from 10:25 am to 10:50 am

**BULLETIN ANNOUNCEMENTS**

Will be accepted until 12:00pm on Tuesday. Please call the parish office at 902-853-2344 or email bulletin notices to [sacredheartparish@eastlink.ca](mailto:sacredheartparish@eastlink.ca).

**CATHOLIC CHURCH FACT**

On the Feast of the Body and Blood of Christ (Corpus Christi), Catholics celebrate the real presence of Jesus Christ in the Eucharist – that the bread and wine truly become the Body and Blood of Christ during Mass. This belief has been central to the Catholic Church since the time of the Apostles.

**PRAYERS FOR THOSE WHO ARE ILL**

Please remember in your prayers the following: Quentin Fraser, George Luttrell, Kerry Fraser, Karla Foley, Anne Skerry, Bonnie MacNeill, Doug Mallette, Jeanie Collicutt, Floyd McCue, Deanna McCue, JoAnne MacIsaac, Shirley Gavin, Anne Marie Corcoran, Pearl Bulger, Allen Adams, Linda Campbell, Evelyn MacNevin, Evan Crocker, Marcella Bulger, Wilma Campbell, Francis Smith, Peter Bulger, Lennie O'Meara, Nathan Perry, Maria Gaudet.

Please submit names to be added to this list to Fr. Roland by Tuesday each week to ensure they make the bulletin.

**CATECHISM REGISTRATION**

Registration for catechism classes which will begin in October is now open. Please contact the parish office to register. If your child will be making their First Communion or Confirmation next year please indicate when registering. We look forward to welcoming all our children in the fall.

**HOLY COMMUNION FOR THE HOMEBOUND**

Our parish is blessed to offer the ministry of bringing Holy Communion to those who are unable to attend Mass due to illness, age, or other circumstances. If you or a loved one would like to receive Holy Communion at home, in the hospital, or in a care facility, please contact the parish office.

**ATTENTION ALL CWL MEMBERS**

We are going for dinner on June 16, 2026 at 6:00 pm at the Chinese Restaurant in Alberton. All members are welcome. Please call Jean Cahill at 902-853-2884 or text 902-853-7731 to let her know if you are going so she can make reservations.

**RENTAL OF BASEMENT**

We would like to inform parishioners that we will be renting out the basement on a trial basis for those who wish to host an event. The fee is \$75.00 plus \$100.00 damage deposit. If you wish to book the basement, please check with the Parish Office. If the Parish Office is not opened, please call and leave a message.

**ST. BRIGID'S PARISH**

Letters of interest are being accepted for the purchase of the St. Brigid's Church building, to be removed, dismantled, or renovated. Please submit sealed letters, prior to **July 6, 2026**, including phone number, in order to be contacted for viewing of the property. Mail letters to: St. Brigid's Parish Inc., 48 Smith Road, Foxley River, Coleman RR, PE COB 1H0. If you have any questions please call Karen at 902-831-2691.

**MEETING OF THE EUCHARISTIC MINISTERS**

There will be a short meeting of the Eucharistic Ministers on Wednesday, June 10<sup>th</sup> at 6:00 pm, at the Parish House.

**MAY 31, 2026 COLLECTION SUMMARY:**

SACRED HEART:	
SUNDAY OFFERING	\$ 1747.00
BUILDING FUND	\$ 20.00
POPE'S PASTORAL	\$ 5.00
CANDLES	\$ 48.00
CHALICE	\$ 60.00
DIRECT DEPOSIT	\$ 500.00

**THANK YOU:** Your continued generous support is appreciated. Donations can be made by dropping your collection envelope at Mass or in the mail slot at the parish office or by e-transfer to [sacredheartparish@eastlink.ca](mailto:sacredheartparish@eastlink.ca) or by direct deposit. If you change your direct deposit amt please inform the office of the change. Forms are available at the parish office.

Rule number one; don't forget God when you get what you've prayed for.

Lord Jesus, we thank you for the gift of Your Body and Blood, given for our salvation and nourishment. Help us to receive You with faith, love, and gratitude, and strengthen us to be Your presence in the world.

Th

**PASTOR'S CORNER**

# THE EUCHARIST

*"The Eucharist is the secret of my day. It gives strength and meaning to all my activities of service to the Church and to the whole world."*

– St. John Paul II

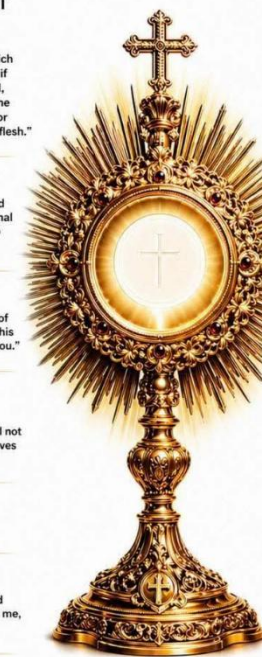
**JOHN 6**

TOP 7 VERSES BY IMPACT

- John 6:51**  
"I am the living bread which came down from heaven; if any one eats of this bread, he will live for ever; and the bread which I shall give for the life of the world is my flesh."
- John 6:54**  
"He who eats my flesh and drinks my blood has eternal life, and I will raise him up at the last day."
- John 6:53**  
"Unless you eat the flesh of the Son of man and drink his blood, you have no life in you."
- John 6:35**  
"I am the bread of life; whoever comes to me shall not hunger, and whoever believes in me shall never thirst."
- John 6:48**  
"I am the bread of life."
- John 6:56**  
"He who eats my flesh and drinks my blood abides in me, and I in him."
- John 6:58**  
"He who eats this bread will live for ever."

**BENEFITS OF THE EUCHARIST**

- UNITES US TO CHRIST
- GIVES ETERNAL LIFE
- INCREASES SANCTIFYING GRACE
- STRENGTHENS CHARITY
- FORGIVES VENIAL SINS
- HELPS PRESERVE US FROM GRAVE SIN
- NOURISHES THE SOUL AND DEEPENS COMMUNION WITH THE CHURCH
- DRAWNS US INTO WORSHIP AND ADORATION
- GIVES STRENGTH FOR DAILY HOLINESS



**TRULY PRESENT.**

Sam, a teacher took a fish out of its bowl and left a classroom of children as it flopped around, telling them that if anyone left their seat, they would be expelled. All of the children sat and watched as this fish flopped gasping for air, not wanting to get up in order to avoid getting into trouble. Finally, a girl sprang up from her seat and ran to the fish, placing it back in the bowl. Ultimately, she was the only one who refused to watch the fish die. When the teacher returned he told the class that this was a lesson. That the fear of getting in trouble should never stop you from doing what is right. That sometimes...you may have to oppose authority and group think, simply because it's the right thing to do.

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