

SACRED HEART ROMAN CATHOLIC PARISH

Our Mission

We are a welcoming community gather as disciples of Jesus Christ to worship God, to serve others and to grow as loving members of God's family.

ASCENSION OF THE LORD May 17, 2026

Administrator: **Father Roland: 902-316-0110**
rberngeh85@gmail.com

Parish Assistant: Eileen Bernard
(902) 853-2344

sacredheartparish@eastlink.ca

Parish office hours: Tuesday, Wednesday and Thursday 9:00 – 3:00

Property and Finance Chair: Jerry Gavin

Cemetery Revival Team:
Wanda Saunders
Arlene Morrison
Bernice Gallant

MASS SCHEDULE & INTENTIONS

Wednesday, May 20 - 9:30 am
No Mass

Friday, May 22 – 9:30 am
Adoration – 8:30 am
Rosary - 9:00 am
+Stephanie Gaudet

Saturday, May 23– 7:00 pm
Adoration – 6:00 pm
Rosary – 6:25 pm
For the People

Sunday, May 24 – 11:00 am
Adoration – 10:00 am
Rosary – 10:25 am
+Donnie Matthews

SACRAMENT OF RECONCILIATION

Confessions are available before Masses on Saturdays at 6:15 to 6:45 pm and Sundays from 10:25 am to 10:50 am.

BULLETIN ANNOUNCEMENTS will be accepted until 12:00pm on Tuesday. Please call the parish office at 902-853-2344 or email bulletin notices to sacredheartparish@eastlink.ca.

When problems pour into your life like endless rain, God will always be your umbrella.

MAY 10, 2026 COLLECTION SUMMARY:

SACRED HEART:	
SUNDAY OFFERING	\$ 1370.00
BUILDING FUND	\$ 30.00
VOCATION SUNDAY	\$ 20.00
POPE'S PASTORAL	\$ 24.00
CANDLES	\$ 30.00
CHALICE	\$ 10.00
DIRECT DEPOSIT	\$ 500.00

THANK YOU: Your continued generous support is appreciated. Donations can be made by dropping your collection envelope at Mass or in the mail slot at the parish office or by e-transfer to sacredheartparish@eastlink.ca or by direct deposit. If you change your direct deposit amt please inform the office of the change. Forms are available at the parish office.

CWL PRIZE BINGO will be held the first Tuesday of the month at 7:00 pm. The next bingo is June 2, 2026.

CATHOLIC CHURCH FACT

Ascension of the Lord marks the day Jesus ascended into Heaven 40 days after Easter, opening the gates of Heaven for all believers

PRAYERS FOR THOSE WHO ARE ILL

Please remember in your prayers the following: Quentin Fraser, George Luttrell, Kerry Fraser, Karla Foley, Anne Skerry, Bonnie MacNeill, Kim Reilly, Doug Mallette, Jeanie Collicutt, Floyd McCue, Deanna McCue, JoAnne MacIsaac, Shirley Gavin, Anne Marie Corcoran, Pearl Bulger, Allen Adams, Linda Campbell, Evelyn MacNevin, Evan Crocker, Marcella Bulger, Wilma Campbell, Father Jacques, Francis Smith, Peter Bulger, Lennie O'Meara, Nathan Perry, Maria Gaudet.

Please submit names to be added to this list to Fr. Roland by Tuesday each week to ensure they make the bulletin.

ALBERTON ELMSDALE PASTORAL CHARGE

There will be a spring yard and bake sale at the Gordon Memorial United Church Hall on May 22nd 3:00 -7:00 and May 23rd 8:00-1:00.

SUE'S SOCIAL AND BINGO FOR ALL SENIORS

Will be held this Wednesday, May 20th, from 11:00 am – 2:00 am. All seniors are welcome to join us at Sacred Heart Parish for a luncheon and bingo. Come out and enjoy this free event. **Anyone who would like to volunteer to help out at this event each month would be greatly appreciated. You can leave your name at the parish office or call Wendy McNeill at 853-7892**

CLEANING OF THE CEMETERY

The annual cemetery cleanup will be on **Monday, May 18 at 6:00 PM.** Please bring your own rake. If anyone can bring a truck and trailer to help haul leaves and branches to a nearby pit, it would be greatly appreciated as we prepare and care for our parish cemetery.

CATECHISM REGISTRATION

Registration for catechism classes which will begin in October is now open. Please contact the parish office to register. If your child will be making their First Communion or Confirmation next year please indicate when registering. We look forward to welcoming all our children in the fall.

When your heart is heavy, and your mind is weak, turn to God. Get on your knees, ask Him for guidance, patience, and strength because at the end of the day, He is the only one that you can truly depend on.

Bob was really in trouble. He forgot his wedding anniversary. His wife was really angry. She told him, "Tomorrow morning, I expect to find a gift in the driveway that goes from 0 to 200 in 6 seconds AND IT BETTER BE THERE! When his wife woke up, she looked out the window and sure enough there was a box gift-wrapped in the middle of the driveway. Confused, his wife brought the box back in the house. She opened it and found a brand new bathroom scale. Bob has been missing since Friday.

PASTOR'S CORNER

God's Eucharistic people. Peace be with you! Let us ask the question: What is the Eucharist? It is God with us. It is the Lord Jesus present in the tabernacles of our churches with His Body, Blood, Soul, and Divinity. It is Jesus veiled under the appearance of bread, but really and physically present in the consecrated Host, so that he dwells in our midst, works within us and for us, and is at our disposal. The Eucharistic Jesus is the true Emmanuel, the "God with us" (Math. 1:23). The same Jesus who walked on earth 2026 years ago and the same Jesus we shall meet as Judge at the end of time is really, truly, substantially present with us in the Eucharist.

The faith of the Church, Ven. Pope Pius XII teaches us, "is this: that one and identical is the Word of God and the Son of Mary who suffered on the Cross, who is present in the Eucharist, and who rules in Heaven ". The Eucharistic Jesus is here with us as our brother, as a friend, as spouse of our souls. Let us come and adore him who is All for us. Amen!

Fr. Roland Berengeh Njoyir

DIOCESE NEWS

Laudato Si' Week 2026: (May 17-24) Each year the global church invites us to celebrate this annual movement by prayer, reflection and concrete action inspired by Pope Francis' encyclical Laudato Si: Care for our Common Home. The theme for 2026 is From Hope to Action. So, the invitation goes out to take ONE CONCRETE ACTION this week on behalf of earth and make it count. Be creative as you think about what you can do. For example, reduce your energy use, review your purchasing practices, plant a tree or a pollinator garden, support the local Farmers Market, prepare a vegetarian meal, use recyclable water bottles or care for a local ecosystem near you etc. There will also be a Prayer Service in the Mount chapel (141 Mt. Edward Road) at 7pm on Wednesday, May 20 to recognize Laudato Si Week 2026. All are welcome.



