

**Sacred Heart Roman Catholic Parish**

Our Mission

*We are a welcoming community gathered as disciples of Jesus Christ to worship God, to serve others and to grow as loving members of God's family.*

**5<sup>th</sup> SUNDAY IN LENT**  
**March 22, 2026**

Administrator: **Father Roland: 902-316-0110**  
[rberngeh85@gmail.com](mailto:rberngeh85@gmail.com)

Parish Assistant: Eileen Bernard  
(902) 853-2344  
[sacredheartparish@eastlink.ca](mailto:sacredheartparish@eastlink.ca)

Parish office hours: Tuesday, Wednesday and Thursday 9:00 – 3:00

Property and Finance Chair: Jerry Gavin

Cemetery Revival Team:  
Wanda Saunders  
Arlene Morrison  
Bernice Gallant

**MASS SCHEDULE & INTENTIONS**

Wednesday, March 25 - 9:30 am  
Special intention of a parishioner

Friday, March 27  
Following the Way of the Cross

Saturday, March 28 -7:00 pm  
+George Pearce

Sunday, March 29 - 11:00 am  
+For the People

**SACRAMENT OF RECONCILIATION**

Confessions are available before Masses on Saturdays at 6:15 to 6:45 pm and Sundays from 10:25 am to 10:50 am

**BULLETIN ANNOUNCEMENTS** will be accepted until 12:00pm on Tuesday. Please call the parish office at 902-853-2344 or email bulletin notices to [sacredheartparish@eastlink.ca](mailto:sacredheartparish@eastlink.ca)

**PARISH OFFICE HOURS.** The parish office for this week only will be open on Monday, Tuesday, and Wednesday.

**MASS SCHEDULE FOR HOLY WEEK**

**Holy Thursday –**  
**St. Anthony's – 5:00 pm** followed by adoration until 9:00 pm  
**Sacred Heart – 7:00 pm** followed by adoration until 11:00 pm

**Good Friday –**  
**Sacred Heart – 3:00 pm**  
**St. Anthony's – 3:00 pm**

**Easter Vigil –**  
**St. Anthony's – 8:00 pm**

**Easter Sunday –**  
**Sacred Heart – 10:30 am**  
**St. Anthony's – 10:30 am**

**PRAYERS FOR THOSE WHO ARE ILL**

Please remember in your prayers the following: Quentin Fraser, George Luttrell, Kerry Fraser, Karla Foley, Anne Skerry, Bonnie MacNeill, Kim Reilly, Doug Mallette, Jeanie Collicutt, Floyd McCue, Deanna McCue, JoAnne MacIsaac, Shirley Gavin, Anne Marie Corcoran, Pearl Bulger, Allen Adams, Linda Campbell, Evelyn MacNevin, Evan Crocker, Marcella Bulger, Myrtle Ellsworth, Wilma Campbell, Don King, Father Jacques, Francis Smith.

Please submit names to be added to this list to Fr. Berngeh by Tuesday each week to ensure they make the bulletin.

**KNIGHTS OF COLUMBUS MEETING**

Knights of Columbus meetings are on the first Monday of each month at 7:00 pm. Your attendance is appreciated.

**MARCH 15, 2026 COLLECTION SUMMARY:**

SACRED HEART:	
SUNDAY OFFERING	\$ 1350.00
BUILDING FUND	\$ 50.00
CEMETERY FUND	\$ 50.00
MISSALS	\$ 20.00
DIRECT DEPOSIT:	\$ 500.00

**THANK YOU:** Your continued generous support is appreciated. Donations can be made by dropping your collection envelope at Mass or in the mail slot at the parish office or by e-transfer to [sacredheartparish@eastlink.ca](mailto:sacredheartparish@eastlink.ca) or by direct deposit. If you change your direct deposit amt please inform the office of the change. Forms are available at the parish office.

**FRIDAY'S OF LENT**

Way of the Cross: 6:00 pm  
Mass to follow immediately following the Way of the Cross.

**SCHEDULE FOR THE WAY OF THE CROSS:**

March 27 - Alberton CWL

**LENTEN FACT**

Many Catholics pray the Stations of the Cross during Lent, reflecting on the suffering and death of Jesus Christ on the way to Calvary.

**COME AND MEET FATHER ROLAND**

On Sunday, **March 29<sup>th</sup>** following the 11:00 mass our parish will be hosting a gathering to welcome all parishioners to meet Father Roland. It will be held in our church basement. A light lunch will be served. This is a wonderful opportunity for the parishioners to introduce themselves and get to know Father Roland.

**HOLY COMMUNION FOR THE HOMEBOUND**

Our parish is blessed to offer the ministry of bringing Holy Communion to those who are unable to attend Mass due to illness, age, or other circumstances. If you or a loved one would like to receive Holy Communion at home, in the hospital, or in a care facility, please contact the parish office.

**SUE'S SOCIAL AND BINGO FOR ALL SENIORS**

Will be held every third Wednesday of the month, from 11:00 am – 2:00 am. All seniors are welcome to join us at Sacred Heart Parish for a luncheon and bingo. Come out and enjoy this free event. **Anyone who would like to volunteer to help out at this event each month would be greatly appreciated. You can leave your name at the parish office or call Wendy McNeill at 853-7892.**

**THE CWL MONTHLY MEETING**

CWL meetings are on the first Tuesday of every month at 1:30 pm. All new and returning members are welcome.

**7 DAY DEVOTIONAL DAY CANDLES**

We have white, waxed filled 7 day devotional candles at the back of the church for sale to take home. They are \$5.00 each. Please leave your money in the box beside them.

**STRUM** will be playing Easter music at the O'Leary United Church on March 29th at 7:00 pm. There will be a freewill offering at the door.

**RENTAL OF BASEMENT**

We would like to inform parishioners that we will be renting out the basement on a trial basis for those who wish to host an event. The fee is \$75.00 plus \$100.00 damage deposit. If you wish to book the basement, please check with the Parish Office. If the Parish Office is not opened, please call and leave a message.

**CWL PRIZE BINGO** will be held the first Tuesday of the month at 7:00 pm. The next bingo is April 7, 2026.

**DIOCESE NEWS**

**St. Paul's Parish Eucharistic Congress - Saturday, April 11 from 9:00 AM to 5:00 PM -** This is a special opportunity to deepen our love, understanding, and devotion to the Most Holy Eucharist. Join us for a day of inspiring talks, prayer, and fellowship as we reflect on the beauty and centrality of the Eucharist in our Catholic life. Fr. Keith Kennific, Fr. Chris Sherren and Fr. Francis Sohe will offer reflections on themes including **Liturgy, Sacred Scripture, Eucharistic Spirituality, and Pastoral Practice**, helping us grow in appreciation of the "source and summit" of our faith. The registration fee of \$10 includes a **nutritious lunch, coffee, and snacks**. We have only 80 seats available. **To register**, please contact: Wayne & Linda Doucette at 902 436-4005.

**A LIGHT IN THE STORM**

During a fierce storm, a young boy watched his grandmother pray the rosary quietly in their small, dark home. The wind rattled the windows, and the rain poured heavily, yet she remained calm and focused. Curious, he asked, "Grandma, why aren't you afraid?" She smiled and replied, because I know God is bigger than this storm. He sees us, and He walks with us even in the darkest times." Years later, that boy, now a man, faced trials that seemed impossible to overcome. But he remembered his grandmother's words and her steady faith. In prayer, he found courage, hope, and guidance and through that faith, he discovered that no storm, no matter how fierce, could extinguish God's light in his life.

