

Sacred Heart Roman Catholic Parish

Our Mission

We are a welcoming community gathered as disciples of Jesus Christ to worship God, to serve others and to grow as loving members of God's family.

5th SUNDAY IN ORDINARY TIME

February 8, 2026

Pastor: **Father Jacques: 902-388-7266**

fatherparishash@gmail.com

Parish Assistant: Eileen Bernard
(902) 853-2344

sacredheartparish@eastlink.ca

Parish office hours: Tuesday, Wednesday and Thursday 9:00 – 3:00

Cemetery Revival Team:

Wanda Saunders
Arlene Morrison
Bernice Gallant

MASS SCHEDULE & INTENTIONS

Wednesday, February 11 – 9:30 am

+William and Johanna A'Hearn and DFM

Friday, February 13 – 9:30 am

+ The Souls in Purgatory

Saturday, February 14 -7:00 pm

+Roy Cahill

Sunday, February 15 - 11:00 am

For the People

SACRAMENT OF RECONCILIATION

Confessions are available before Masses on Saturdays at 6:15 to 6:45 pm and Sundays from 10:25 am to 10:50 am.

ADORATION

FRIDAYS morning 8:30 - 9:30 before the Eucharist.

BULLETIN ANNOUNCEMENTS will be accepted until 12:00pm on Tuesday. Please call the parish office at 902-853-2344 or email bulletin notices to sacredheartparish@eastlink.ca

2025 TAX RECEIPTS

The tax receipts for 2025 are available at the back of the church

PRAYERS FOR THOSE WHO ARE ILL

Please remember in your prayers the following: Quentin Fraser, George Luttrell, Kerry Fraser, Karla Foley, Anne Skerry, Bonnie MacNeill, Kim Reilly, Doug Mallette, Jeanie Collicutt, Floyd McCue, Deanna McCue, JoAnne Maclsaac, Shirley Gavin, Anne Marie Corcoran, Pearl Bulger, Allen Adams, Linda Campbell, Eileen Bernard, Evelyn MacNevin, Evan Crocker, Marcella Bulger, Myrtle Ellsworth, Wilma Campbell, Don King.

Please submit names to be added to this list to Fr. Jacques by Tuesday each week to ensure they make the bulletin.

KNIGHTS OF COLUMBUS MEETING

Knights of Columbus meetings are on the first Monday of each month at 7:00 pm. Your attendance is appreciated.

FEBRUARY 1ST COLLECTION SUMMARY:

SACRED HEART:	
SUNDAY OFFERING	\$ 1585.00
INITIAL OFFERING	\$ 35.00
BUILDING FUND:	\$ 20.00
NEW YEAR'S DAY	\$ 10.00
DIRECT DEPOSIT:	\$ 500.00

THANK YOU: Your continued generous support is appreciated. Donations can be made by dropping your collection envelope at Mass or in the mail slot at the parish office or by e-transfer to sacredheartparish@eastlink.ca or by direct deposit. If you change your direct deposit amt please inform the office of the change. Forms are available at the parish office.

ENVELOPE FUNDRAISER

The winners of the envelope draw are Maureen Gallant and Donnie Bernard. The draw was made by Father Jacques. Many thanks to all of you whom contributed to the fundraiser. We raised a total of \$4,785.00.

AED TRAINING SESSION

The Parish has had to purchase a new AED as the existing one has expired. Kenny Ramsay has volunteered to provide us with a training session at the Church on Tuesday, February 10th at 10:00 am. We would like to see as many parishioners as possible to attend.

NAVIGATING AND SURVIVING ELDERCARE WORKSHOP, MARCH 3RD AT 1:30 PM

As parents, grandparents, neighbours, and parishioners age, many of us find ourselves asking hard questions. What kinds of support and advocacy are needed? How do we respond well? What role do families and faith communities play?

This workshop, led by **Mr. Patrick Cassidy, KC**, draws on both his professional expertise and personal experience to address the challenges of navigating and surviving eldercare with compassion and care.

This workshop is available by zoom or on campus at Atlantic School of Theology in Halifax.

Cost: \$25 | Free for students

For more information or to register, contact **Lydia** at lydia.hood@astheology.ns.ca

SUE'S SOCIAL AND BINGO FOR ALL SENIORS

Will be held every third Wednesday of the month, from 11:00 am – 2:00 am. All seniors are welcome to join us at Sacred Heart Parish for a luncheon and bingo. Come out and enjoy this free event. **Anyone who would like to volunteer to help out at this event each month would be greatly appreciated. You can leave your name at the parish office or call Wendy McNeill at 853-7892.**

THE CWL MONTHLY MEETING

CWL meetings are on the first Tuesday of every month at 1:30 pm. All new and returning members are welcome.

CWL PRIZE BINGO will be held the first Tuesday of the month at 7:00 pm. The next bingo is March 3, 2026.

PRAYER FOR THE 5TH SUNDAY IN ORDINARY TIME

Loving God, You call us in the middle of ordinary days and invite us to follow You with trusting hearts. When we feel unworthy or afraid, remind us that Your grace is stronger than our weakness.

Open our ears to hear Your voice, open our hearts to receive Your mercy, and open our lives to serve You more faithfully. As You call the first disciples, call us again today to cast our nets in hope and to trust in Your promises.

May our words and actions reflect Your love, and may our lives bring glory to Your name.

Life is strange. You arrive with nothing, spend your whole life chasing everything, and still leave with nothing. Make sure your soul gains more than your hands.

The Mass has two main parts: the Liturgy of the Word and the Liturgy of the Eucharist.

DIOCESE NEWS

WORLD DAY OF PRAYER 2026: Please join us for the World Day of Prayer, a prayer movement that invites us to enrich our faith experience through the life events of Christians from other countries and cultures, and to bring hope to women touched by injustice. The 2026 service was written by the Nigerian World Day of Prayer committee. This year's theme is "I Will Give You Rest: Come – Matthew 11:28-30." Date: Friday, March 6, 2026 at 2:00 p.m at Holy Redeemer Church, 3 Pond Street, Charlottetown. More information is available by contacting Linda Dennis at lmakuch.dennis@gmail.com or 902-394-0818. The World Day of Prayer is coordinated by the Women's Inter-Church Council of Canada.

THE BENCH BY THE LAKE

A weathered bench sat beside a lake, facing the water. People came and went, leaving behind worries, laughter, and quiet tears. One morning, a jogger sat down, exhausted by decisions she didn't know how to make. She watched the water ripple and realized that the lake didn't rush, yet it always moved forward. When she stood to leave, nothing had changed – but she had. Some places don't give answers. They give us space to breathe until clarity comes on its own.



